

IPAAC Montreal Conference Agenda Day 1, Tuesday 11th

Time Slot	Opus 1 & 2	Concerto	Vivaldi	Tchaikovsky	Session Colour Codes	
0800-0830	Registration					KeyNote
0830-0845	Welcome (IPAAC Chair)					SMS & Airline Focus
0845-0900	Official Opening & Welcome					Research and MHP
0900	ICAO's Approach to Risk Management in MH, including Peer Support; Speaker: Dr. Ansa Jordaan					Lessons from PSPs
						Conflict zones
						Advocacy and culture
0945	Advancing Safety Through Fight Attendant Peer Support Programs; Speaker: Sara Nelson ITF Chair					Substance missuse & support
						Focussing the Future
						Developing programs for better PS
Morning Break (1030-1100)						
1100	ATCO Healthcare Avoidance: A Safety and Wellbeing Challenge; Speakers: Marija Savikj IFATCA, Dr Kimberly Perkins					
1145	Embedding Psychological Safety and Peer Support into SMS; Speaker: Dr. Ben Johnston, Air NZ					
Lunch (1230-1330)						
Time Slot	Opus 1 & 2	Concerto	Vivaldi	Tchaikovsky		
1330	Using Data and Storytelling in Peer Support Programs: A masterclass in understanding and engaging stakeholders; Workshop: Hoffman, Bekker, Healy	The Power of Peer Support identifying challenges and exploring solutions; Workshop: Claire Beharrell, OdiliaClark	From Barriers to Bridges: Exploring the role of culture in Peer Support; Workshop: Rob Bor, Wendy Santilhano	Lessons Learned from Uplift: Building and Sustaining a Collegiate Peer Support Program; Panel: Sky Overbo, Zoe Thompson, Lydia Schock, Riley Madsen		
Afternoon Break (1500-1530)						
1530	Program Implementation, Regulatory and Research Updates on Aviation Mental Health; Panel: Snyder, Hoffman, Healy, Fielding, LeBovidge, Bongers, Magnússon	The Next Generation in Aviation Mental Health; Panel: Sky Overbo, Priya Doobaree	Civilian Wings, Hot Zone: Peer Support in a World of Conflict and Crisis; Panel: Wendy Santilhano, Rob Bor, Dr Salty Salzman	Air India PSP, Buddy@AI: Walk the Talk, an Exercise in Self Management; Workshop Alios Farthofer & Geetanjali Khadria,		
1700	Close					

IPAAC Montreal Conference Agenda Day 2, Wednesday 12th

Time Slot	Opus 1 & 2	Concerto	Vivaldi	Tchaikovsky	Session Colour Codes
0800	Coffee and Registration				KeyNote
0845	Introduction to Day 2 and Welcome				SMS & Airline Focus
0900	Aviation MH as a Flight Safety Determinant: From Evidence to SMS Practice; Speaker: Henry Gourdji Director, Safety Strategy And Policy				Research and MHP
					Lessons from PSPs
					Conflict zones
0945	Peer Support: Line Maintenance for our People at American Airlines; Speaker: Evie Garces, VP of Line Maintenance in American Airlines Tech Ops				Advocacy and culture
					Substance misuse & support
					Focussing the Future
Morning Break (1030-1100)					Developing programs for better PS
		Better Regulations and Culture	Peer Support Programmes	Below the Wing	Peer Care
1100	Integrating AI and EQ; Aviation Personnel Support, MH Toolkit; Speaker: Dr Kimberly Perkins	Enhancing Mental Health Support Through Political Advocacy; Speaker: Chris Finlayson, PMHC	Managing reports of problematic MH behaviour in a PSP; Speaker: Jarda van der Meulen	International Tech Ops Peer Support (ITOPS) Conference review; Panel: Whitten, Indzeoski	
1145	Creating a Culture of Wellness in Aviation by Breaking the Silence; Speaker: Dr. Robert Zeglin, Clear Skies Ahead	Ops Focused Qualitative Review of Emerging Literature in Peer Support; Speaker: Dr. William Hoffman	MH Program Challenges and Solutions for Business Aviation; Speaker: Laila Stein, NBAA		
Lunch (1230-1330)	Guest Lunch Speaker: When Grit is NOT Enough How to do high Performance Without Hurting Yourself. Dr Kirsten Peterson				Lunch (1230-1330)
	Support Through Unity Panel	MHPs	Substance Misuse Support	Military	
1330	Leveraging Union PSPs to Serve Distinct Workgroup Needs and Advance Systemwide Best Practices, United Airlines; Panel: Jennifer Grega, Jennifer Mannan, Mike Brooks, Bryan Hutchinson,	The PSP MHP – crucial, useful or superfluous extra?; Speaker: Jóhann Wium Magnússon	Beyond Policy: How Recovery-Informed Peer Support is the Next Frontier of Aviation Safety; Speaker: Dr. Paul Farnan	Military Aviator Peer Support at Ramstein Air Base; Speaker: Dr. Sandra "Salty" Salzman	
1415		Proposed MH assessment during license medical examination by AME; Speaker: Surendra Sodhi	The Art of Intervention, A Fire Battalion Chief's Insight; Speaker: Daniel DeGryse	Safety Risks; Combat Air Missions to Commercial Flight; Speaker: Dr. Eran Schenker	
Afternoon Break (1500-1530)					
	Peer Support Programmes	Research	International PSPs	Programme Developers	
1530	US pilot PSP as a potential aviation safety risk control; Panel: Ty Dimeff (SWAPA), Elizabeth Ryan (ASC), Travis Ludwig (ALPA)	Impact of Fatigue on Physical and Social Functioning; Safety-Critical roles; Speaker: Dr. İsmail Gevrek	Adaptation and sustainable operation of PSP in Asia; Speaker: Masa Miyata, Max Matsumoto	The Role of a Mental Health Professional in Aviation Peer Support Programs;	
1615		PSP Volunteer motivations, challenges & well-being; Speaker:	MELIORA, Sth American aviation professional MH program; Speaker:	Workshop: Jessica Auslander	

			Helena Sá Pombares	Dan Ospina Trujillo	
1700	Close				
1815	Gala Dinner (meet in reception)				

IPAAC Montreal Conference Agenda Day 3, Thursday 13th

Time Slot	Opus 1 & 2	Concerto	Vivaldi	Tchaikovsky	Session Colour Codes			
0830-0900	Coffee and paracetamol					KeyNote		
	Aviation Personnel	MHPs	Programmes for All	Peer Care		SMS & Airline Focus		
0900	Overcoming the Barriers Preventing Aviation Personnel from Seeking PSP Help; Workshop: Indzeoski, Ching, LeBovidge, Fielding, Perkins, Bongers	Peer Support; World Class Aviation H&W Support, vs 1st responders; Speaker: Mark Berg	Peer Support: Dealing with large scale events; Speaker: Gerhard Fahnenbruck, Stiftung Mayday	Breathwork for Aviators (and those who support them); Speaker: Hanna Kerr		Research and MHP		
0945		Tailoring MH Support to Worker’s Psych/Role Profile; Speaker: Doug McKibbon, Blue Side Up	Av Tech Peer Supporter roles in the worst-case scenario; Speaker: Tony Lepore	Turbulence to Tranquility, Sensory Modulation; Speaker: Bonnie Eckman		Lessons from PSPs		
								Conflict zones
Morning Break (1030-1100)						Substance missuse & support		
						Developing programs for better PS		
	Peer Support Programmes	Selfcare	MHPs	High Performance		Peer Care		
1100 - 1145	One Framework, Many Cultures: Integrated Peer Support; Speaker: Peter Whitten, OdiliaClark	Navigtional Labour of Being a Peer: A Peer Community-led Approach; Workshop: Hanna Kerr	Shared Experiences and Skill Development a MHP workshop; Workshop: Jóhann Wium Magnússon, Robert Bor	The Most Important Relationship High Performers Have; Workshop: Dr Kirsten Peterson				
1145 - 1230	Effects on Help seeking of Mental Health Literacy and Self-stigma; Speaker: Dr Charlie Curreri, IPPAC founder							
Lunch (1230-1330)								
1330 - 1500	Summation Reports from Accelerated Learning Day Workshops							
Afternoon Break (1500-1530)								
1530	Conference Attendee Feedback, Evaluation and Suggestions							
1600	IPAAC Chair Summary, Plan for 2026 & Announce Venue							
1630	Close and thanks							